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## Traveler Checklist

### The Basics

- Duffel/Travel Pack
- Travel Clothing
- Rain Protection
- Travel Footwear
- Brimmed Hat
- Camera/film/memory card
- Travel Guidebook
- Maps
- Phrasebook
- Address Book
- Itinerary
- Binoculars
- Scarf/Bandana
- Travel Locks
- Luggage Id Tags

### Travel Essentials

- Day pack/fanny
- Money Belt
- Travel Watch
- Alarm Clock
- Pocket Knife
- Electric Adapter
- Light/Headlamp
- Sunglasses
- Organizer
- Compass

### Pre-Departure

- Passport
- Visas
- Health Docs
- Transport Tickets
- Hotel Reservation
- Travelers Cheques
- Currency
- Credit Cards
- Bank Cards
- Cancellation Insurance
- Medical Insurance
- Personal Identification
- Keys
- Hostel Card

### Maintenance Items

- Batteries
- Camera Batteries
- Mini Sewing Kit
- Eyeglass Repair Kit
- Travel Clothesline
- Travel Iron
- Travel Soap
- Mesh Bag for Laundry

### Medications

- Asprin/Pain Relief
- Cold medication
- Imodium
- Contact Lens Solution
- Sunscreen
- Insect Repellent
- Moleskin
- Bandages
- Antibiotic Cream
- Malaria Pills
- Personal Hygiene Products
- Water Purification
- Vitamins

### Toiletries

- Comb/brush
- Sport Towel
- Toothbrush/Floss
- Tooth Paste
- Deodorant
- Lotions/Creams
- Shampoo
- Travel Soap
- Lip Balm
- Razor Blades
- Shaving Cream
- Antiseptic Wipes