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Backpackers Check List

Camping Gear

- Tent
- Ground Sheet
- Tarp
- Rope/Accessory Cord
- Backpack
- Pack Cover
- Pack Liner
- Sleeping Bag
- Sleeping Mat
- Pots/Pans
- Eating Utensils
- Stove & Fuel
- Biodegradable Camp Soap
- Water Treatment or Filter
- Stuff Sack for hanging food

Clothing

- Hiking Boots
- Synthetic or wool socks (two pairs min)
- Liners
- Gaiters
- Underwear
- Base Layer Top and Bottom
- Synthetic T-shirt
- Warm Layer Fleece
- Down or Synthetic Jacket
- Synthetic Pants (zip offs?)
- Rain Gear (top and bottom)
- Gloves
- Warm Hat
- Sun Hat
- Camp Footwear

Safety

- Sunglasses
- Headlamp
- Compass
- Whistle
- Sharp Knife
- First Aid Kit
- Blister Kit
- Aspirin/Tylenol
- Fire Starter
- Waterproof Matches
- Duct Tape
- Bear Spray
- Notebook and Pencil
- Insect Repellant

Additional Items

- Sunscreen
- Toiletries
- Toilet Paper
- Binoculars
- Camera
- Extra Batteries
- Watch
- Deck of Cards
- A Good Book
- Bug Hat

Food & Drink

***start with a menu**

- Crystals for water
- Dehydrated Food
- Energy Snacks